

CURSE BREAKING PRAYERS

Hunter, Joan. Healing Starts Now! Expanded Edition: Complete Training Manual

Prayer for Generational Diseases

When you pray against physical and natural problems that have affected generations of your family, be specific. For example, pray: The generational curse of cancer _____ (name the disease or symptom) is now broken off of me. Poverty _____ (fill in your situation) is broken off me. Thank You, Jesus.

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Prayer for Generational Sins

Father, I repent for my sins and the sins of my fathers. Take this sin from us and put it on the cross, never to be held against us again. The generational curse of _____ and the destructive habit of _____ are now broken off of me, in Jesus' name. Thank You, Jesus.

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Prayer for Donating Blood

“Father, in the name of Jesus, thank You for anointing this blood to accomplish Your purpose. Thank You that it will go to the right recipient who needs to know You.”

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How To Pray For Children

- Get down to their eye level
- Keep your tone of voice soft, gentle, and loving.
- Chat with them for a few minutes
- Ask them how they feel and ask permission to pray for them.
- Use words that the child can understand. Ie “tummy” instead of “stomach”
- Often, praying for the parents first will make the child more receptive to ministry.

Sometimes there is a direct connection between the child’s condition and a parental need. There might be guilt for the child’s illness, stress, or a traumatic event in the home that helped bring on the sickness.

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TAKE AUTHORITY in the name of Jesus over anything that may have entered with a blood transfusion, transplant, gamma globulin, or human insulin.

Father, I repent for my sins and the sins of the person whose _____ I received. Take this sin and put it on the cross of Jesus Christ never to be held against us again, in Jesus’ name. Any generational curses that came in through this _____ is cut off from me now, in Jesus’ name. Thank You, Jesus.

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Prayer For Healing Hands

Father God, I surrender to You and I commit these hands to You for Your glory and work for the rest of my days. I stand before You ready to receive my toolbox filled with supernatural tools that only You can impart, so I can go forth to heal the sick and perform signs, wonders, and miracles. Amen. Thank You, Jesus!

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Prayer for the Divorced

Father, I went into a godly covenant with _____. Now that I am divorced, I renounce that covenant. Anything bad that came in through that covenant, take it from me now, in Jesus’ name. Thank You, Jesus.

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Prayer to Break Ungodly Covenants

Father, I went into an ungodly covenant with _____. I repent for that sin. Take it from me now and put it on the cross, never to be held against me again. I renounce that covenant in Jesus' name. Anything bad that came in through that covenant, take it from me now, in Jesus' name. Thank You, Jesus.

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Covenants are the result of molestation that resulted in intercourse.

Father, I was forced into an ungodly covenant with _____. I forgive _____ for that sin. Take it from _____ now and put it on the cross, never to be held against _____ again. I renounce and break that covenant in Jesus' name. Anything bad that came in through that covenant, take it from me now, in Jesus' name. I command the trauma, fear, shame, and guilt of that experience to go, in Jesus' name. Thank You, Jesus.

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Blood Covenants

Father, in Jesus' name, I renounce the covenant I made with _____. Please forgive us for this sin and take it from us and put it on the cross of Jesus, never to be held against us again. I break that covenant off of me in the name of Jesus. Anything bad that came in through that covenant, take it from me

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Taking Up False Responsibility For Something

Example Prayer: "I confess I took full responsibility for my son's cancer and death. I don't want to carry it anymore, and I lay that false responsibility and guilt on Your altar, Father, in Jesus' name."

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Ungodly Sexual Partners

“Father, I went into an ungodly covenant with _____. I repent for that sin. Take it from me now and put it on the cross, never to be held against me again. I renounce that covenant in Jesus’ name. Anything bad that came in through that covenant, take it from me now, in Jesus’ name. Thank You, Jesus.”

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Prayer to Break Word Curses (1)

“Father, I have said words that didn’t edify, exhort, correct in love, or confirm. That is sin. Take this sin from me and put it on the cross, never to be held against me again. I renounce those words, in Jesus’ name. Bless anybody I said these words about, in Jesus’ name.

I also forgive the people who spoke words over me that did not edify, exhort, correct in love, or confirm. Separate those sins from them and put them on the cross, never to be held against them again. Those words and their effects, including the words of doctors or their reports, are cut off from me now, in Jesus’ name. Father, bless everyone everyone who spoke negative words over me, in Jesus’ name.”

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“I Can’t Live Without You!” Vow Breaker

If you have made that vow, pray:

“I renounce that vow with death, in Jesus’ name.”

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Prayer to Break Word Curses (2)

Now proclaim blessings over your life to counteract any curses. For example, you can say,

“I am going to live and not die, and declare the works of the Lord” (see Ps. 118:17).

“I am prospering.” “I am smart.” “I am going to succeed.” “My ministry will grow.” “I will lay hands on the sick and they will recover” (see Mark 16:18).

You may need to repeat this prayer over specific areas such as your finances, job, family, or health. Choose life in all areas of life and cut off all negative words in the name and the authority of Jesus. Those negative word curses will have no more power over you.

After you rebuke and cut off the illness or condition, speak the opposite of what has been afflicting them. Command peace, life, joy, health, prosperity, wholeness, and the love of God to fill them—that they will “know the love of Christ which passes knowledge; that [they] may be filled with all the fullness of God” (Eph. 3:19).

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Scripture to Declare to Break Cancer / Disease

Anyone diagnosed with cancer or any other disease should repeat,

“I choose life. I shall live and not die and declare the works of the Lord. I choose life.

I choose life. I shall live and not die and declare the works of the Lord.”

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General Healing Prayer

“In the name of Jesus, I command all 125 trillion cells along with all the T-cells in my body to align electrically, magnetically, and chemically to the perfect DNA and RNA that God created. I curse any prions and antigens in this body. I command all the bad cells to be discarded, in Jesus’ name. Thank You, Jesus! Amen.”

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Prayer for Generational Sins

Father, I repent for my sins and the sins of my fathers. Take this sin from us and put it on the cross, never to be held against us again. The generational curse of _____ and the destructive habit of _____ are now broken off of me, in Jesus’ name. Thank You, Jesus. Prayer for Generational Diseases When you pray against physical and natural problems that have affected generations of your family, be specific. For example, pray: The generational curse of cancer _____ (name the disease or symptom) is now broken off of me. Poverty _____ (fill in your situation) is broken off me. Thank You, Jesus.

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Prayer for Addiction to Prescriptions

Father, thank You that You have healed me (or the person you are praying for). I curse any addictions to prescription medicine and I command all side effects to go, in Jesus’ name. Thank You, Jesus.

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Prayer to Rededicate Your Life

Father, I have sinned. I repent. Take this sin from me now, and put it on the cross of Jesus Christ, never to be held against me again. Jesus, come into my life, not only as Savior, but also as Lord. Father, through Your Holy Spirit, guide me into all that You have for me. I have taken back part of my heart because of circumstances. I choose this day to give You my whole heart. I don't want to hold anything back. Amen.

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Prayer Against Rebellion

Father, I have rebelled against You. I repent of this sin. Take it from me and put it on the cross of Jesus, never to be held against me, in Jesus' name. I renounce anything I said in rebellion against You, my parents, or others in authority over me. I repent of all those words. I break the power of the spirit of rebellion over me and command it to leave, in Jesus' name, never to return. Thank You, Jesus. Help me to obey You in all things and to always be led by Your Holy Spirit, in Jesus' name.

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Prayer Against Addiction

Father, I confess my addiction to _____ and I ask Your forgiveness for this sin. I repent of _____. Cut my addiction to _____ from me now, in Jesus' name. I break its power over me and I put it on Your altar, never to return, in Jesus' name. I curse the spirit of trauma and fear, and I command all pain to leave, in Jesus' name. Father, I receive healing to (name any part of your body or mind that has been affected by the addiction) and I receive Your peace, in Jesus' name. Thank You, Jesus.

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Breaking Trauma & Fear

Father, in the name of Jesus, I curse the spirit of trauma and fear. I command it to be gone. I curse this cancer and every prion—infectious pathogens that cause degenerative diseases of the brain and nervous system—in this body, and I speak complete restoration, in Jesus' name. Father, in the name of Jesus, I speak a whole new left lung. I speak complete restoration, in Jesus' name, of this body, and the lung in particular, and I command all pain and any damage as a result of surgery or medicine to go. I speak health and wholeness and complete restoration, in Jesus' name.

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Prayer for Grief and Loss

Father, in the name of Jesus, I curse the trauma caused by this grief and loss. I command it to go in Jesus' name, never to return. I curse the spirit of trauma and the spirit of grief and I break their power over me, in Jesus' name. I declare that I trust Your sovereign decision when to give and when to take life. I place my life and the life of everyone I care about in Your hands. I pray peace and joy into my heart, and I take for myself Your promise that "You have turned for me my mourning into dancing" (Ps. 30:11) and "sorrow and mourning shall flee away" (Isa. 51:11 KJV). Thank You, Jesus.

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Prayer for Anger and Bitterness

Father, I lay down my unmet expectations of my spouse. In Jesus' name, I lay those unrealistic expectations on Your altar. Father, I lay down my unmet expectations of my children on Your altar, and I lay down my unmet expectations of my pastor. I lay down my unmet expectations of _____ (fill in the names of people who have disappointed you). And I lay down my unrealistic expectations of myself on Your altar. I release those who disappointed me. In Jesus' name.

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Prayer for Betrayal

Father, I forgive _____ for betraying me and I ask You to separate that sin from _____ and put it on the cross of Jesus, never to be held against _____ again, in Jesus' name. And Father, please forgive me of anger, bitterness, and unforgiveness toward _____. Put my sin on the cross, never to be held against me again. In the name of Jesus, I command the spirits of anger, bitterness, and rejection to leave me and I break their power over me. Thank You, Jesus, for Your promise, "I will never leave you nor forsake you." So [I] may boldly say: "The Lord is my helper; I will not fear. What can man do to me?" (Heb. 13:5-6).

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Born Again Prayer

Father, I have sinned. I don't want to sin anymore and I repent. Take this sin of _____ from me and put it on the cross, never to be held against me. Father, I ask Jesus to come into my life, not just as my Savior, but also as my Lord. Through Your Holy Spirit, guide me into all that You have for me, in Jesus' name.

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An Equipping Prophetic Prayer

Today, God, the glorious Father of my Lord, Jesus Christ, is giving me a greater spirit of wisdom and revelation in the knowledge of Him, and in every area of my life—my finances, ministry, family, business, marriage, and relationships.

Today, God will give me greater spiritual wisdom and understanding of the wonderful future and the riches of the inheritance that He has for me. He will make me understand and lay hold of the incredible greatness of His power.

Father, open my spiritual eyes and ears so I can hear You more clearly and see people around me who are sick. Open my ears to hear their needs and groans, so I can lay hands on them and see them healed through Your mighty power, in Jesus' name. Amen.

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Prayer to be Open In Heart & Mind

Father, let me be open and receptive to all You have for me. I want to reach out and connect with others. I want more and more people to be saved, set free, and healed. Thank You for Jesus' sacrifice, which allows us to appropriate His mind, heart, and wisdom. Let me be sensitive to His Holy Spirit and respond each and every time You want me to pray for healing both for others and for myself. Amen.

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Themed Scripture

That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power

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Restore Your Relationship With God

Father, I have sinned. I repent. Take this sin from me now, and put it on the cross of Jesus Christ, never to be held against me again. Jesus, come into my life, not only as Savior, but also as Lord. Father, through Your Holy Spirit, guide me into all that You have for me. I have taken back part of my heart because of circumstances. I choose this day to give You my whole heart. I don't want to hold anything back. Amen.

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Repentance From Sin

Father, I have sinned. I don't want to sin anymore and I repent. Take this sin of _____ from me and put it on the cross, never to be held against me. Father, I ask Jesus to come into my life, not just as my Savior, but also as my Lord. Through Your Holy Spirit, guide me into all that You have for me, in Jesus' name.

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Prayer to Take Your Life Back I (p.64)

Father, in the name of Jesus, I curse the spirits of trauma and fear, anxiety, hopelessness, depression, oppression, rejection, abandonment, loss, spirit of grief, and worthlessness. I command all that to go away. All feelings of worthlessness, that I will never amount to anything, I command them to go away, in Jesus' name. Go, fear of failure, never doing anything right, abuse, physical abuse, verbal abuse, loss of job, or loss of income, in the name of Jesus.

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Prayer for Trauma (p. 66)

(Hand over heart) In the name of Jesus, I curse the spirit of trauma and command it to go. I curse schizophrenia, bipolar syndrome, manic depression, agoraphobia, and anxiety (fill in what pertains to you or to the person), and I command it to go, in Jesus' name. I command the pH balance in _____ body to return to normal, for the electrical and magnetic frequencies to be in perfect harmony and balance, and for all chemicals to return to normal, in Jesus' name. I speak a strong, completely restored immune system and curse every prion in _____ body, in Jesus' name. Thank You, Jesus.

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Prayer To Take Your Life Back II (p. 64)

Father, in the name of Jesus, I speak love, hope, rest, peace of mind, and no more loss. I speak this over myself with Jesus' authority and receive restoration and health to my body, health to my spirit, and health to my mind. Allow my heart, layer upon layer, to be filled with God's love. Fill my heart, Lord, with only You. Thank You, Jesus.

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Prayer for Forgiveness (p.62)

Father, I forgive _____ for hurting me. Separate this sin from _____ and put it on the cross, never to be held against _____ again. Father, bless _____. (Repeat this prayer for anyone else you need to forgive.)

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Cutting Off Doctor's Words

Father, I have said words that were not nice words. I repent for those words and for that sin. Take it from me now and put it on the cross, never to be held against me again. The doctors in particular spoke words to me that weren't very nice. They said: _____ (*ex. I only had eight years to live, which is just a few seconds away*). In the name of Jesus, I cut those words off. I am going to live several more years, in Jesus' name, and they are going to be healthy years. I am going to be a sign and a wonder to the doctors. Thank You, Jesus.

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Spiritual Transfers

Father, anything that came upon me by the laying on of hands that wasn't from You, take it from me now, in Jesus' name. I cut off any curses or spiritual bondages and receive only what comes from Your hand. Thank You, Jesus. And Father, I renounce my involvement in (the occult practice of) _____. I repent. I renounce any words I spoke or that others spoke over me during those practices, in Jesus' name. Take from me now any influences or oppressions that came against me. I cast them away from me and nullify them, in Jesus name. Thank You, Jesus.

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Curse Trauma & Fear with Disease

Father, in the name of Jesus, I curse the spirit of trauma and fear. I command it to be gone. I curse this: _____ (*ex.cancer*) and every prion—infectious pathogens that cause degenerative diseases of everyone who spoke negative words over me, in Jesus' name.

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Cancer of the Blood

Father, I curse the spirit of cancer and I command it to be gone, in Jesus' name. I speak a supernatural blood transfusion and Holy Ghost fire to purge and purify this blood of all cancer, in Jesus' name. I curse every prion in this body and I command them all to leave, in Jesus' name. I curse the spirits of trauma, fear, and death, and I command them to be gone, in Jesus' name. Thank You, Jesus.

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Prayer Over an Offering

Father, thank You that this seed I am planting in good soil will come up quickly and bear fruit. Thank You for supplying for all my needs so I can continue to sow into Your Kingdom. I thank You for my _____ (pay raise, bonus, donations, job). I break all hindrances against this, in Jesus' name. Bless anyone who owes me money and is sin. Take it from me now and put it on the cross of Jesus Christ, never to be held against me again, in Jesus' name. Thank You, Jesus. Help me to be wise and faithful in my spending. Help me to be faithful to tithe and give offerings according to Your will. Give me discernment so I can sow in good soil that will produce fruit for Your Kingdom. Let me hear the voice of Your Holy Spirit about how much to give and who to give to. Thank You, Jesus.

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Grow In The Use of God's Gifts

Father God, I surrender to You and I commit these hands to You for Your glory and work for the rest of my days. I stand before You ready to receive my toolbox filled with supernatural tools that only You can impart, so I can go forth to heal the sick and perform signs, wonders, and miracles. Amen. Thank You, Jesus!

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Prayer of Repentance for Unfaithfulness in Tithes & Offerings

Father, I have not been faithful and consistent in my tithe. This is sin. Forgive me of this sin and put it on the cross, never to be held against me again. And Jesus, thank You for the promise in Your Word that says: Honor the Lord with your possessions, and with the firstfruits of all your increase; so your barns

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Finances: Prayers to Open the Deadbolt (General Prayer)

Father, I repent for _____ (foolish spending, failing to tithe regularly, disobedience in giving the offerings You have asked of me). That is sin. Take it from me now and put it on the cross of Jesus Christ, never to be held against me again, in Jesus' name. Thank You, Jesus. Help me to be wise and faithful in my spending. Help me to be faithful to tithe and give offerings according to Your will. Give me discernment so I can sow in good soil that will produce fruit for Your Kingdom. Let me hear the voice of Your Holy Spirit about how much to give and who to give to. Thank You, Jesus.

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Healing Mental illnesses

Example: During one healing school, a man (I will call him Sam), came up for ministry. We prayed, laid hands on him, and anointed him. I felt led to pray, **“Father, in the name of Jesus, I curse the spirit of trauma and fear.”** I also prayed for his freedom from other bondages. Later that afternoon I found out that Sam had been labeled “the church schizophrenic,” and I mentioned that schizophrenia is caused by trauma. He revealed his story. When he was three years of age, his mother poured gasoline over herself, struck a match, and died in a burst of fire in front of him. His father got legal custody of Sam. His mother's suicide was minor compared to what his father did to him. After we prayed for Sam, he was completely set free.

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Tumors

“Father, I curse those tumors and command them to be gone, in Jesus' name.”

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Command A New Part

If the problem is diabetes, curse the diabetes, command it to be gone, and then speak a new pancreas.

If someone has a thyroid problem, how do you pray? Remember, healing is logical: “In the name of Jesus, I speak a new thyroid.”

If someone has stomach cancer, first curse the cancer and then pray, “I speak a new stomach, in Jesus' name, and I command the body to be completely restored from any damage because of chemo, radiation, surgery, or medicine. I command complete restoration, in Jesus' name.”

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For A Battered or Troubled Soul...

1. Place your hand over the person's heart, curse the trauma, and speak the healing of the emotions and memories.
2. Ask the Lord to show you if the person needs to forgive someone, to confess bitterness or anger, or to be set free from grief or guilt.
3. Carefully phrased, sensitive questions will also help reveal any deeper issues that need prayer.
4. Finally, pray that the person will be filled with joy, peace, hope, and the love of God.

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Heart, Circulation, Cardiovascular System

My flesh and my heart fail; but God is the strength of my heart and my portion forever (Psalm 73:26).

A woman came for prayer. She explained her heart had a leaky valve and she had some difficulties from a car accident. She was unable to sleep while lying on one side of her head because of pain and only warmth eased the pain. Praying for trauma and nothing else would take care of her head. Since she was diagnosed with a heart problem, she needed prayer for her heart as well. A leaky heart valve can cause fatigue and minor memory loss due to a lack of oxygen reaching the brain.

Father, in the name of Jesus, I curse the spirit of trauma and fear. I command it to be gone, in Jesus' name. I command all pain to leave this head and for this neck to go into perfect alignment and for the head to go back on the proper axis, in Jesus' name. I command the pH balance and all electromagnetic frequencies in this body to come into perfect balance and harmony, in Jesus' name. I speak a new, healthy heart with no leaky valves or any other problem. I speak total restoration of the circulation in the heart as well as the rest of the body. Thank You, Jesus.

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Don't Know What is Wrong Physically...

They describe their condition as: "I just don't feel good. I don't know what to ask for. I just need help." Ask God to show you what to pray. However, if you don't receive any specific words of knowledge, use this prayer as it applies: Father, in the name of Jesus, I curse the spirit of trauma and fear and command it to go. I speak life to the immune system and health to the bones. I command the bad to go and energy to be restored. Thank You, Jesus.

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Generational Curses

Father, forgive me and my ancestors for our sins. Put them on the cross, never to be held against me again in Jesus' name. Thank You, Jesus.

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High Blood Pressure

Father, forgive me and my ancestors for our sins. Put them on the cross, never to be held against me again in Jesus' name. Thank You, Jesus.

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